


HELMETS

SIZING GUIDELINES



	Hat Size	Inches	CM
2XS	6 ^{1/8} - 6 ^{1/2}	20 ^{1/8} - 20 ^{1/2}	51-52
XS	6 ^{1/4} - 6 ^{3/8}	20 ^{1/4} - 21 ^{1/8}	53-54
S	6 ^{1/2} - 7	21 ^{1/4} - 22	55-56
M	7 ^{1/4} - 7 ^{1/2}	22 ^{1/2} - 22 ^{3/4}	57-58
L	7 ^{3/4} - 7 ^{7/8}	23 ^{1/4} - 23 ^{5/8}	59-60
XL	7 ^{7/8} - 7 ^{3/4}	24 - 24 ^{1/4}	61-62
2XL	7 ^{3/4} - 8	24 ^{1/4} - 25 ^{1/2}	63-64
3XL	8 ^{1/4} - 8 ^{1/2}	25 ^{1/4} - 26	65-66
4XL	8 ^{1/2} - 8 ^{3/4}	26 ^{1/4} - 26 ^{3/4}	67-68
5XL	8 ^{3/4} - 8 ^{3/4}	27 ^{1/4} - 27 ^{1/2}	69-70

JUNIOR

	Inches	CM
S	19.25" - 19.50"	49-50
M	20.00" - 20.45"	51-52
L	20.87" - 21.26"	53-54

HELMETS

Measure the largest portion of your head horizontally with a cloth tape, measuring approximately one inch above your eyebrows and ears. If your head size is between two helmet sizes, first try the smaller size. A correctly fitting helmet should not be able to move from side to side and up and down with the chinstrap fastened for a safe fit. If it is not snug, try a size smaller. Consider purchasing other size cheek pads or helmet liners to improve fit. Some helmets are designed with exchangeable cheek pads and liners; allowing smaller cheek pads or liners, in a slightly larger helmet or visa versa.